



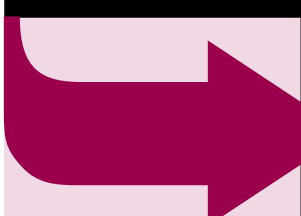
Advocates for women whose lives are affected by chemical dependency

WSCWSAI

VOL. 5 • No. 3

September 1, 2002

IN THIS ISSUE



- Sundown M Ranch 1 & 7
- Thurston County Harvest Program 2
- Contact your Legislators 2
- Our address has changed 2
- Steering Committee Positions ... 2
- Medicaid Waiver 3-4
- T-Shirts 4
- WSCWSAI Website 5
- It's Not Too Late 5
- Save the Date 5
- Be a Part of Your Newsletter .. 5
- Meet the Members 6
- Membership Renewal 6
- She's Got All Kinds of Trouble .. 7
- Membership Application . 8
- Online Animation 8
- Newsletter Delivery 9
- Meeting Dates 9
- Mission/Philosophy 9
- Brown Book turns Grey ... 9
- Real Change 10-11
- Jackie Robinson Scholarship Award 11
- Committee Members 12
- Who We Are/What We Do 12

The WSCWSAI is proud to be sponsored in part by the Washington State Department of Alcohol and Substance Abuse (D.A.S.A.).

Sundown M Ranch



Sundown M Ranch Has Been Providing The Highest Quality Chemical Dependency Treatment For Adults, Youth & Families For Over 30 Years. Our Dedicated And Well-Trained Staff Offers A Unique Treatment Program That Has Been Successful For Thousands Of Adults And Adolescents Afflicted With The Disease Of Chemical Dependency.

The Picturesque Setting Of Sundown M Ranch Provides An Atmosphere For Promoting Wellness. This Retreat Setting Offers Solace From The Pressures Of Daily Life, Yet, Sundown's Treatment Program Remains Among The Most Affordable In The Country. Our Campus Includes Separate Facilities For Family, Youth Treatment, And A Separate Adult Facility.

The Grounds Of Sundown Include Several Acres For Walking And Jogging. A Supervised Gymnasium Includes A Full Court Basketball, Volleyball, Indoor Jogging Track, Weight Room And Exercise Equipment.

Sundown Offers A Innovative Treatment Program Offering A Complete Range Of Treatment Modalities, Including Adult, Adolescent Residential Treatment With Gender Specific Groups, Elder's Groups, Pregnant/Postpartum/Women's Groups, Inpatient And Outpatient Relapse Prevention, Family Counseling, Aftercare, On Site Intensive Outpatient, Continuing Care, Monthly Monitor Group, Assessment And Diagnosis.

Sundown M Ranch's Youth Program Provides Youth The Opportunity To Learn Practical Skills And Ways To Successfully Address Their Addiction. The Youth Program Is Comprised Of

Continued on Page 7

Thurston County Harvest Program/Behavioral Health Resources

The Harvest co-occurring women's program is a highly structured intensive outpatient chemical dependency program serving parenting and pregnant women. This program is designed to meet the needs of chemically dependent women who are also diagnosed as having a mental health disorder. The Harvest Program philosophy of treating both diagnoses' simultaneously results in reducing the chance of a life-threatening relapse. The team of mental health therapists who are also certified chemical dependency professionals ensure that each woman's clinical needs are met.

Patients are in group therapy five days per week, receive weekly individual therapy sessions, and are required to attend 12 step meetings two times per week. Patients are required to attend the Harvest Program parenting class for a minimum of 12 weeks. The group psycho-educational curriculum addresses their co-occurring disorders with a variety of topics including: why medication is helpful; symptom identification and coping strategies; stress management; parenting; and the development of healthy independent life skills. The Harvest Program provides free on-site childcare, which is available for children ages 1 month to 6 years.

A variety of community service providers make presentations to the women on a weekly basis. These presentations include representatives from Work First; Child Protective Services,

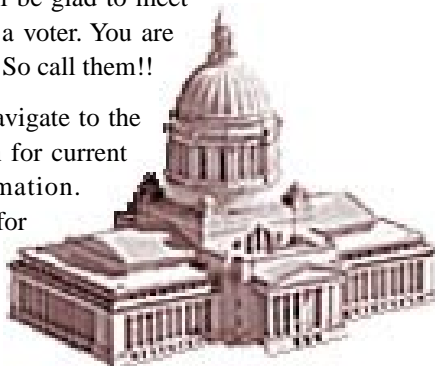
Contact your Legislators

Now is the time for you to contact your legislators-before session. You need to know them and they need to know you. Have them come and visit your program-see what you do. They need to know about our services.

And let legislators know your experience with "meth". Let them know how patients do in treatment-that they are treatable. The public has the impression that people who do "meth" are not amenable to treatment and that they cannot parent their children. This kind of thinking has great potential to develop into legislation. We can circumvent some of this by educating them now!!! And you are the best person to do this. Your legislator will be glad to meet with you. You are a voter. You are important to them. So call them!!

Click Here and navigate to the Legislative section for current legislative information.

Check back often for new material as it becomes available.



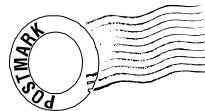
Perinatal Infant Care Unit, Consumer Credit Counseling, physicians specializing in pediatric care, nutritionists, Planned Parenthood, and the Thurston County Health Department that provides free HIV/AIDS testing.

The Harvest Program is also involved with the Thurston County Family Treatment Court. A Harvest Program clinician is assigned to be in court weekly and treatment planning is done with the team that includes the Thurston County Commissioners, Child Protective Services, and the client to ensure success. The current success rate for Harvest Program women involved in the Thurston County Family Treatment Court is approximately 53 to 56%. Success is measured by the mom making the decision on the placement of her child(ren).

The Harvest Program accepts numerous medical insurance plans, as well as medical coupons for low-income women. Patient eligibility requires that the woman is 18 years old, has a co-occurring disorder, and is pregnant and/or parenting (any age child, up to age 17).

If you have any further questions, please feel free to call Paula Greenthal, MA, LMHC, CPD, Harvest Program Clinical Coordinator at the Recovery Services Department at (360) 704-7170. *By Paula Greenthal, MA, LMHC, CDP*

Our Address has Changed



The coalition has a new mailing address. The new address is P.O. Box 907, Yakima, WA 98907. Any mail that was sent to our old address should be automatically forwarded for now.

In the future please send items to the new address. Thank you.

Steering Committee Positions

There are several Steering Committee positions available to members of the Women's Coalition. We would like to take this opportunity to encourage anyone interested in applying for a position. If you are interested, you can contact Barbara Myers at 457-0990 x 365/email @ Barbmyers@sundown.org or print and complete the application on the website (www.wscwsai.org).

For those of you that are interested in becoming more active and involved, please apply. Being an active member, I have found it to be an exciting adventure in learning more about women's issues in legislation. The many programs available and what is needed to give women an opportunity to succeed in life as well as have more confidence.

Come on ladies, step up and let your voices be heard. Let's make a difference!

Issues of the Proposed Medicaid Waiver

The coalition continues to monitor legislative issues. One of the biggest issues we are looking closely at is the proposed Medicaid waiver. We urge you to be aware of the issues and stay involved. The following information should get you up to speed. This waiver has implications for our patients and therefore for us.

The Medical Assistance Administration (MAA) at DSHS posted the draft amended waiver document and solicited more public feedback and comment through Monday August 5. The amended waiver was finalized that week and resubmitted to CMS. If federal approval of the waiver is received by the end of the year, the Washington Legislature will likely make some policy decisions that will allow MAA to move ahead and implement Medicaid Reform during the next biennium, beginning July 1, 2003.

Although the waiver is submitted, you can attend legislative hearings next winter as legislators review the amended waiver proposals and direct MAA in their implementation.

Highlights of the draft waiver

★ Children with income above the poverty level, and seniors and people with disabilities in the Medically Needy “spenddown” program are targeted for enrollment freezes and premiums. The governor could choose to stop accepting eligible applicants to Medicaid if the legislative appropriation is projected to be too low to finance all applicants. The decision about which populations to freeze, when, and for how long, would be made by the governor and would not be reviewed by the legislature or the public in advance.

These seniors and people with disabilities have income of 62% to 80% of the poverty level after taking into account medical expenses they are responsible for under Medicaid. Special needs children on Medically Needy, those on the Children’s Health Insurance Program (CHIP), Transitional Medical Assistance (TMA) adults, and Health for Workers with Disabilities (HWD) are also affected.

★ In addition to potential enrollment freezes, the waiver would subject Medicaid and CHIP clients to reductions in their benefits:

✱ Elimination of dental, vision and hearing benefits: The Medicaid benefit package would eliminate for all Medically Needy clients and Health for Workers with Disabilities clients:

- ✱ Non-emergent dental care
- ✱ Routine optical care including glasses and other vision aids
- ✱ Routine hearing care, including hearing aids

✱ Premiums: Medicaid premiums of \$10, \$15, or \$20 per person per month would be imposed on children and Medically Needy clients over the poverty level. The \$20 premiums would also apply to CHIP children who currently pay \$10. There is a 3-person maximum premium (e.g., \$60 for a CHIP family with over 3 children). In addition, Transitional Medical Assistance clients—those who receive Medicaid for a year following their exit from TANF due to increased earnings—would pay premiums for the entire year, not just the second six months.

✱ Co payments: All Medicaid and CHIP clients would be subject to a %5 co payments on brand-name drugs with generic equivalents, and on non-preferred drugs in a therapeutic class with a preferred drug. A \$10 co payment will be charged for the non-emergent use of hospital emergency rooms. Each hospital could choose to require clients contact a Medicaid consulting nurse by phone to discuss whether they have an emergency condition that requires hospital treatment.

★ The waiver includes a request to use the state’s unspent CHIP allocation for Basic Health. While the state seeks federal funding for 20,000 parents and childless adults in this existing state-funded program, there does not appear to be a commitment to expanding the number of people on the program. The waiver does not guarantee that any new enrollees would be added to Basic Health, or that any other enhancements would occur (e.g., removal of 9-month pre-existing condition limit).

• The stated goal of the waiver is to increase the number of individuals with health insurance coverage. There is very little explanation of how this would be evaluated or monitored.

★ As part of the waiver, the state would evaluate the feasibility of a pilot program to provide for employer-sponsored insurance coverage and premium assistance.

★ Savings estimates: DSHS estimates that the payment of premiums will reduce expenditures by \$25 million per year and the reduction in benefits will reduce expenditures by \$2 million per year. DSHS does not project a savings amount for co payments. Enrollment freezes would occur in response to future budget limits and therefore savings are not known.

Mandatory Client Groups under Federal Medicaid Law (Covered in Washington’s Medicaid programs)

★ Low-income families meeting 1996 AFDC financial guidelines (or other tests)

★ Children ages 1 through 5 with income at or below 133% of

Continued on Page 4

Proposed Medicaid Waiver - Continued

Continued from Page 3

- the federal poverty level and children ages 6-18 with income at or below the federal poverty level
- ★ Pregnant women and infants with income at or below 185% of the federal poverty level
- ★ People with disabilities who receive Supplemental Security Income (SSI)
- ★ Families leaving TANF due to increased income (transitional Medicaid)
- ★ Medicare Buy-in Groups (Medicare beneficiaries who qualify for full or partial Medicaid payment of Medicare premiums)
- ★ Individuals who would be eligible for TANF but for time limits
- ★ Children for whom adoption assistance or foster care maintenance payments are made

Optional Client groups covered in Washington's Medicaid Programs

- ★ Children ages 1 through 5 with income above 133% and up to 200% of the federal poverty level
- ★ Children ages 6 through 18 with income above 100% and up to 200% of the federal poverty level

- ★ Certain children under the age of 21 in foster care, in subsidized adoption, or receiving institutionalized care
- ★ Seniors and people with disabilities receiving optional state supplemental payments (SSP)
- ★ Residents of nursing homes or other facilities with income above SSI levels but below federal limits
- ★ Working people with disabilities who meet financial guidelines (Healthcare for Workers with Disabilities)
- ★ Seniors and people with disabilities receiving home and community-based services
- ★ Women diagnosed with breast or cervical cancer
- ★ Individuals eligible for, but receiving, cash assistance (such as SSI)
- ★ Seniors, people with disabilities, and others in the Medically Needy program for individuals with high health care needs
- ★ Individuals under 200% of the federal poverty level receiving family planning services under the Take Charge waiver

Should you have any questions get back to us and we will hopefully find the answer for you.

T-Shirts

The WSCWSAI now has T-shirts available for purchase. Show your support for women's services by sporting one of these quality T-shirts. All of the T-shirts are preshrunk cotton and have an embroidered WSCWSAI logo. They are available in medium, large, X-large, 1X, 2X, and in short sleeves there are also limited quantities of 3X and 4X.

To order your shirts-complete this order form and send it with your check or money order to the:

**Washington State Coalition on
Women's Substance Abuse Issues**
P.O. Box 907
Yakima, WA
98907



--

Name

--

E-mail Address

--

Address

--	--	--

City

State Zip

()	()
-----	-----

Daytime Phone

Fax Number

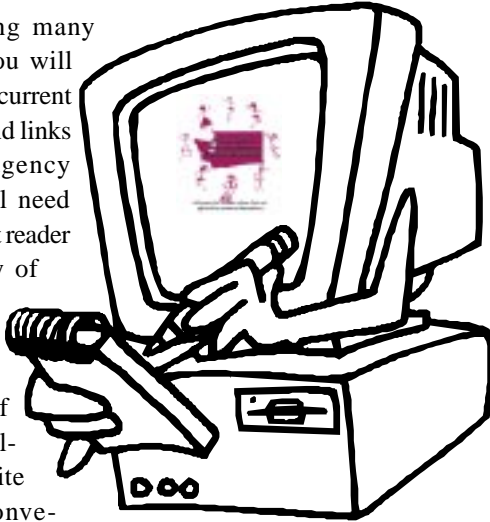
Item	Size	Individual Price	Quantity	Total Price
Short Sleeves		\$10.00		
Long Sleeves		\$15.00		
Shipping and Handling				\$3.50
Total Payment Due				

WSCWSAI Website

It's your site!

If you are reading this article then congratulations you have found our website. Now bookmark this site.

We are adding many new items. You will now find your current newsletters, and links to member agency sites. You will need Adobe Acrobat reader to view many of the archived items, but a link to a free download of reader is available on our site for your convenience.



The website will be what the members want. So take a look and tell us what you want! Please visit the comments page and send your comments to the webmaster. We look forward to hearing from you soon.

It's Not Too Late!!

There is still space available for this year's annual conference at Sleeping Lady in Leavenworth, October 3-4, 2002. So if you haven't sent your registration in yet don't delay. If you cannot find your registration form simply go to the Coalition's website at www.wscwsai.org, print one out and send it in.

What are you waiting for? This year's conference promises to have great speakers and pertinent information to the field as well as being lots of fun! There will be the scenic beauty and gourmet food not to mention local art and rock spas. If you have time you could even fit in some shopping in Leavenworth. But save some of your shopping money for the conference. This year we are going to have a silent auction with a variety of donated items to bid on. There will also be t-shirts for sale again and a basket raffle. Finally we will be raffling off the completed quilt created from the quilting squares made by the conference attendees.

With so much to see and do and great speakers to learn from how could you not benefit from attending? So hurry and register before it's too late!

SAVE THESE DATES

October 3 and 4, 2002

12th Annual Conference
"Creating Seamless Connections"

Sponsored by the
Washington State Coalition on
Women's Substance Abuse Issues

Conference will be held at Sleeping Lady Resort located in a beautiful alpine location just outside Leavenworth, Washington. Delicious gourmet meals will be provided!

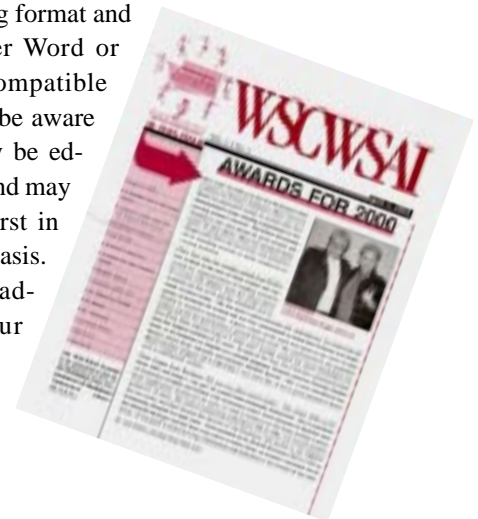
Workshop Topics

- * Safety and Sobriety for Women
- * Fostering Resilience in Women
- * Spirituality's Importance in Recovery
- * Alternative Treatment Options
- * Motivating Women in Recovery
- * Domestic Violence and Recovery
- * Dependable Strengths
- * Treatment and Family Support Collaboration
- * Plus other current topics!

For more information contact Karen Christensen at 206/784-0924 or karencsea@earthlink.net or go to the Coalition website at www.wscwsai.org for conference information and registration forms.

Be a Part of Your Newsletter

Do you have a story idea for the newsletter. Maybe you have something to contribute or just a request for something you would like to learn more about. Anything that relates to women's services is open for discussion. Send your stories or story ideas to AGostovich@triumphtx.org. Please send any pictures in a jpeg format and stories in either Word or WordPerfect compatible formats. Please be aware that stories may be edited for length and may be used on a first in first published basis. Thank you in advance for your contributions.



Meet the Members

Who are Your Steering Committee Members (Part 3)

In part one of this ongoing series you will be introduced to of your steering committee members. In the March 2002 issue you met four of our newest steering committee members. (Jackie Hyman, Leona Moran, Margo Caldwell, and Shereen Hunt) In the June 2002 issue we introduced you to members who have been apart of the steering committee for many years(Beth Dannhardt and Ann Forbes. In this issues you will also meet a committee member that has been involved with women's issues for many years. In each future newsletter we will give you a glimpse into the backgrounds of the remaining committee members. Also look for background information on sub committees and the role they play in the coalition. Learn about your steering committee and its sub committees and how you can become more involved in the WSCWSAI and make your voice heard in the realm of women's services.

Barbara Myers (Secretary) began working in the chemical dependency field in 1983. For 3 years she worked at Yakima Community Alcohol Center and through them was working at Detox and doing groups at James Oldham Treatment Center. She still says that she is grateful for the work experience she received while working at CAC.

In 1986 she began working at The Promises, an adolescent treatment facility for females and stayed there for 3 years. In the time she spent at The Promises, she was employed as a counselor, an intake coordinator, as lead counselor and finally as treatment director. Working with adolescent females was a real change from working at Detox and she enjoyed the new experience.

From there, in 1989 she began working at Lakeside in Bothell as an adolescent counselor. This gave her more experience working with not only female adolescents, but male adolescents as well in an inpatient setting.

In 1990, she moved to Spokane and started working at Lakeside Outpatient. Within the 2 years she worked there she was a counselor, then swing shift lead counselor, then treatment Director, then finally administrator. Which was all together new and exciting. During this time, she also was in charge of relapse prevention for the Department of Corrections at Pine Lodge.

In 1992, she moved back to Yakima and went to work at Sundown M Ranch as a family counselor for a year. In 1993, she moved to outpatient to work as a IOP counselor and found it was right for her, "I really enjoyed working in outpatient." In 1997, she became manager of outpatient services at Sundown M Ranch, and there is never a dull moment.

She is currently involved in the Washington State Women's Coalition, Region 2 Advisory Committee for DSHS, the Advisory Committee for Misplaced Homemakers at YVCC and Yakima County Treatment Providers Alliance. Barb says that she is grateful to have been able to work with many dedicated people. Along the way she has made many friends and has never been sorry for her choice of professions.

Membership Renewal

It is that time of year for renewal of your membership in the Coalition. This year with all the talk of budget cuts, and actual cutting of programs, it is even more timely and important that we pledge our support to women's programming. We have already been alerted that DASA has cut the Coalition out of the budget so we are going to need to be creative with our recourses, and think of ways to generate funds and ways to be heard so that we do not see vital programs being cut. Many of us have worked for years to get recognition for discrete programs for women. We want to that funding is there for women with children and pregnant or homeless women and that accessible services are available on a continuum basis.

Our rallying cry must be based on a strong personal commitment, pledging to get more members so many voices can be heard from many quarters. This year our dues structure has increased slightly to \$25 for an individual and \$150 for corporate members. We will need to pull together for the common good and to be sure not to lose the vision of our mission statement during theses funding crunches. The Mission Statement reads, "Advocates for women whose lives are affected by chemical dependency".

You can renew your membership or join your voice for the first time by completing the membership application in this newsletter or by printing and completing the application on the Coalition's website (www.wscwsai.org). Send you completed applications to

WSCWSAI

P.O. Box 907

Yakima, WA 98907

Sundown M Ranch

Continued from Page 1

Community Case Management, A School Program, Recreational Therapy, Family Therapy And The 12 Step Recovery Program.

In 1996 Sundown M Ranch Initiated Two New Therapy Groups To Meet The Specific Needs Of Men And Women Over 50 Years Of Age. These Are Gender Specific Groups And Primarily Disease Oriented, But Deal With Some Of The Issues Unique To Seniors Such As: Values Systems, Grief, Independence, & Prescription Drug Use.

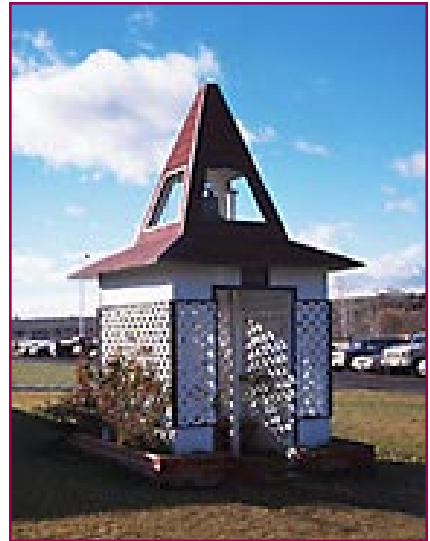
Sundown Has Designed A Nicotine Cessation Program To Support Patients Who Want To Stop The Use Of Nicotine. This Program Includes Daily Groups To Support Patients When The Discomforts Of Withdrawals And Cravings Are Experienced. The Program Is Designed To Help Patients Quit Nicotine In Stages.

The Relapse Prevention Program Was Initiated In Response To Those Persons With A Need For Additional Continuing Treatment. Approximately 1/3 Of All Individuals Nationally Who Enter Treatment Will Experience Severe, Repetitive Problems With Relapse. Sundown M Ranch's Relapse Prevention Program Is Designed To Offer The Alcoholic And Other Drug Dependent Persons The Specific Tools Needed For Them To Develop Their Personal Relapse Prevention.

Sundown Has Designated A Primary Women's Group For Pregnant And Postpartum Women. These Women Require Specialized Counseling, Treatment Planning And Education. The Group Is Facilitated By A Female Counselor Who Has Taken And Continues To Take Classes And Training To Enhance Her Skills In This Area.

Sundown M Ranch's Outpatient Program Provides Diagnosis & Assessment, Educational Sessions, Individual And Group Counseling, And Specialized Family Treatment. Sundown's Outpatient Services Are Designed To Fulfill Legal Requirements For Alcohol/Drug Related Violations. Court Services Include: Deferred Prosecution Plans & Monitoring.

Please Mark Your Calendars For May 16, 17 & 18, 2003. Sundown M Ranch Will Be Celebrating 35 Years Of Providing Chemical Dependency Treatment. For Further Information You Can Contact Angie Hein At 509-457-0990 Or 1-800-326-7444.



Sundown's Bell Tower where patients "ring out" after completing treatment.

She's Got All Kinds of Trouble

INTEGRATED TRAINING CURRICULUM

For social service workers who are helping women with multiple problems involving substance abuse and chemical dependency, domestic violence, adult sexual assault, and child sexual assault.

The WSCWSAI analyzed the need for integrated trainings in Washington State for service providers who are working with women with multiple problems of substance abuse, chemical dependency, domestic violence, adult sexual assault, and child sexual assault. These trainings would facilitate communication between these systems to better serve women.

The complete training guide is now available for purchase.

To order your copy of the "She's Got All Kinds of Troubles"

Trainers Handbook-complete this order form and send it with your check or money order to the:

Washington State Coalition on

Women's Substance Abuse Issues

P.O. Box 907

Yakima, WA 98907

Name

Organization

Address

City

State Zip

Daytime Phone

Fax Number

<i>She's Got All Kinds of Troubles Trainers Handbook</i>	Individual Price	Quantity	Total
	\$15.00		
Shipping and Handling			\$3.50
Total Payment Due			

MEMBERSHIP APPLICATION

Join Us!

Membership in the Coalition will add your voice to those of many others in this state who are advocating on behalf of women whose lives are affected by chemical dependency.

Coalition membership can open new networking and educational opportunities with others concerned about chemical dependency treatment for women.

The Coalition sponsors an annual conference and regional meetings to share local state and national information.

Our monthly Steering Committee meetings are open to all members and are held on the first Friday of the month. They are held at Residence XII, 12029 113th Avenue NE, Kirkland.

Please fill out and return the membership form along with your membership fee... *Please join us today!*

Individual Name _____

or

Agency Name _____

Agency Representative(s) _____

Address (including City and Zip) _____

Phone _____

E-Mail _____

I/we support the philosophy and mission of the Coalition and wish to become regular members.

Type of Membership:

Agency (\$150⁰⁰/yr.)

Save on two registrations to the 2002 conference with a paid 2002 agency membership & receive a link to your agency on the webpage-Link address _____

Individual (\$25⁰⁰/yr.)

Save on your registration to the 2002 conference with a paid 2002 individual membership

Please make checks payable to: Washington State Coalition on Women's Substance Abuse Issues (WSCWSAI) P.O. Box 907, Yakima, WA 98907.

Be a Part of a Positive Statewide Support System

Strength Comes in Numbers!

NEW GENERATION OF DRUG PREVENTION:

ONLINE ANIMATION

****Share "Summit High" Series with Your Organization's Young People****

The latest episode of the National Youth Anti-Drug Media Campaign's new interactive animated series, "Summit High," is now online at www.Freevibe.com.

This Internet-based cartoon follows

the lives of five freshman high school students who are dealing with many of the issues facing tweens and teens today, including peer pressure and drug use. The Media Campaign is reaching out to young people where they are spending an increasing amount of their time online.

We encourage you to work with your organization's webmaster to promote Summit High in an effort to reach young people with this new, dynamic, online drug prevention tactic. You may:

- * Place a Summit High banner on your Web site. Banners are available at <http://www.mediacampaign.org/mg/banners.html>.

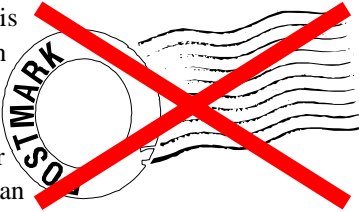
- * Place a text link on your Web site that directs youth to the Summit High page on Freevibe.com:<http://www.freevibe.com/headsup/summithigh.shtml>. Example text:
Freshman Year, New School, Five Friends, One Band... Pressure! Watch all the action unfold online at Summit High on www.Freevibe.com.

The Summit High series is designed to offer young people role-play scenarios that follow the decisions of five diverse characters as they adjust to high school life. Summit High gives visitors access to the characters' journal entries and high school newspaper columns as well as a chance to react to the students' experiences through interactive polls and bulletin boards. To learn more about Summit High, visit www.Freevibe.com.



Newsletter Delivery

As stated in the October 2001, March 2002, and the June 2002 Newsletters, the Coalition is looking to provide you the most beneficial services that we can within our budget. We believe that our newsletters are a vital part of the information service that we provide on issues relating to women's treatment. We have made a commitment to provide up to four newsletters a year from this time forward. The cost of providing this service is great. Therefore we are exploring other avenues to bring you this information in a more cost effective way. You were notified about this newsletter e-mail alert if you have already registered for this service or you found it on the website yourself. If you did not receive an e-mail alert, please send us your e-mail address so that we can begin to notify you by e-mail so you won't miss out. You can e-mail your name, address, and e-mail address to Agostovich@triumphtx.org to add your self to the e-mail mailing list. Additionally please take the time to visit the e-mail survey on the website and return it to us so that we may better survey you our members.



Steering Committee Meeting Schedule

Our monthly Steering Committee meetings are open to all members and are held on the first Friday of the month. Below is a schedule for this years remaining meetings and their locations. If you are interested in joining us for a Steering Committee meeting simply email Amy Gostovich so that we can give you directions and reserve your lunch. (Lunch is Five dollars).



**MARK
THIS
DATE**

September 6-Residence XII

October 4-Annual Meeting at Conference (Sleeping Lady in Leavenworth)-No need to RSVP

November 1-Residence XII

December 6-Residence XII

OUR MISSION

The mission of the Washington State Coalition on Women's Substance Abuse Issues is to advocate for women whose lives are affected by chemical dependency.

OUR PHILOSOPHY

Addiction is a primary, progressive, and, if left untreated, fatal disease. The origins of addiction in women and their treatment needs are unique. These needs arise in large part from women's cultural and class experiences, and from their diversity of age, ethnicity, and sexual orientation.

Research, prevention, treatment, funding, and state policies must begin to honor and reflect the effects of these unique experiences.

Women and Addiction in Washington State

The Washington State Coalition on Women's Substance Abuse Issues published *Women and Addiction in Washington State* (affectionately called the Brown Book due to its cover color) over nine years ago. It has recently been updated and can no longer be referred to as the brown book but has now taken on the nickname of the Grey Book. You can receive a copy of *Women and Addiction in Washington State* by calling the Alcohol Drug Clearing House at 1-800-662-9111.



Real Change

Make the next round of welfare reform reduce poverty not just caseloads

In 1996, President Bill Clinton fulfilled his campaign promise of ending welfare as we knew it. By signing the Personal Responsibility and Work Opportunity Reconciliation Act of 1996, he ended over 70 years of federal support and commitment to poor families. With an swipe of the pen, Clinton told states that they could do what they wanted to within some limited guidelines, with poor families. Most states have set up programs that have pushed people into jobs that do not support their families. Congress must reauthorize this program in 2002.

The Campaign for Washington's Families 2002 is working to ensure that our congressional delegation votes for a plan that helps families move out of poverty. We want a welfare program that

- supports families regardless of make-up;
- helps parents balance the needs of family and employment,
- ensures access to education and training as a way out of poverty
- restores benefits to legal immigrants
- and works to strengthens families through work supports and a safety net.

We recognize that this costs money and our values say that tax money should be spent on families.

Coordinating with national coalitions, we have been working for the last year to create our platform and work plan. We are seeing the work pay off. In the last eight months, we have held community meetings with Rep. Jim McDermott (D 7th District) and Rep. Jennifer Dunn (R. 8th District) so they could hear from parents affected by the program. We are working with the staffs of Senators Patty Murray and Maria Cantwell so that whatever comes out of Congress will work for Washington's families.

The action is heating up. On April 9th, 2002, House Ways and Means Human Resources Subcommittee Chair Wally Herger (R-CA) introduced the "Personal

Responsibility, Work and Family Promotion Act of 2002" (HR 4090). The bill largely mirrors the Administration's TANF proposal.

Like the Bush proposal, the Herger bill would increase the number of hours recipients must work, and would require that 70% of a state's caseload be working, up from the

current level of 50%. Both Herger and Wade Horn, Assistant Secretary for Children and Family have tried to explain that a parent would only have to spend 24 hours (up from 20) in paid work and could spend the other 16 hours volunteering in their child's school, coaching the soccer team or being a Brownie/Girl Scout leader. Regardless, this would hurt all of the programs that actually help parents support their children. We would no longer be able to support work based learning, in which parents gain skills to increase their earning capabilities. We would no longer have a Community Jobs program that worked for some families. Combined with the scarcity of jobs, we could be forced to create workfare programs that provide dead-end, busywork jobs instead of much needed education and training. Our state has resisted workfare because it has been shown to not help parents gain employable skills or living wage jobs.

The bill will likely move out of the Ways and Means Committee by the end of April. A vote on the bill on the House floor is expected before Congress adjourns for its Memorial Day recess. Rep. Dunn signed on to this bill.

In a positive development, Representative Marge Roukema (R-NJ), introduced legislation called "From Poverty to Promise Act" that would:

- make poverty reduction an explicit goal of TANF,
- increase funding for TANF to account for inflation;
- expand access to education and training;
- soften TANF time limits by and
- give states more flexibility in who it exempts from time limits.

There is also a lot of activity on the Senate side. The Democratic Leadership

Council, a coalition of conservative Democrats plans to introduce a bill that will be

very close to legislation proposed by President Bush - it would dramatically

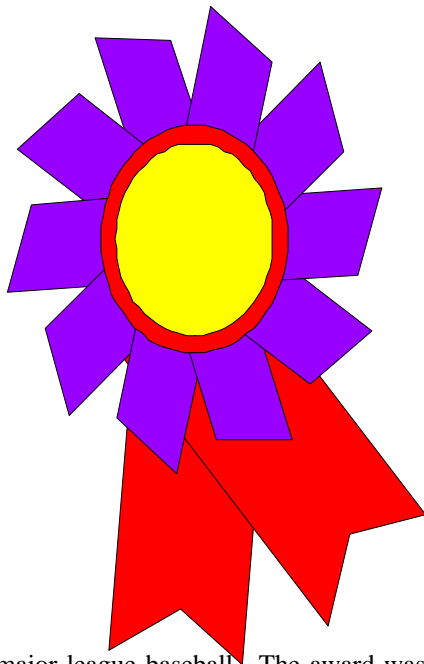
increase work requirements for states and individuals, and result in massive

new workfare programs that push parents deeper into poverty.

Continued on Page 11

Jackie Robinson Scholarship Award

Juanessa Scott, Office Manager at the Alcohol/Drug Helpline, has been awarded the Jackie Robinson scholarship at The Evergreen State College. The scholarship is named in honor of Jackie Robinson whose life exemplified the ideals of social justice and community involvement. He is probably best known for being the first African American to break through the color barrier in major league baseball. The award was presented at Safeco Field on August 14, 2002.



The scholarship pays for one full year of tuition for a student transferring from Seattle Central College to The Evergreen State College. Ms. Scott was cited for academic achievement as well as her commitment to providing support and services to women when they are released from prison. She has been inspired by a national organization, 'Women of Purpose.'

Ms. Scott first came to the ADHL as a student volunteer for Seattle Central Community College in April of 2000. After completing her training she became a regular phone volunteer and later became a regular staff member. In addition to her duties as Office Manager, she is the Coordinator for the ADATSA Bed Utilization Program, tracking vacancies in publicly funded residential treatment programs.

She graduated from SCCC in 2001 with an Associate's degree in Social and Human Services and a Certificate in Chemical Dependency Studies. She is a Registered Counselor with the Washington Department of Health and is accruing supervised hours to qualify as a Chemical Dependency Professional. In June 2002 she completed a special program at the University of Washington and earned a certificate in Non-Profit Management. She is currently enrolled at The Evergreen State College (Tacoma campus) where she is pursuing a Bachelor's degree in Liberal Arts. Her next academic goal is to complete a Master's degree in Rehabilitation Counseling.

Juaness comes from a background of addiction and criminal behavior. She served two years in prison and is now seven

years clean and sober. She has rehabilitated her life and her achievements are many. She is committed to establishing housing for women coming out of the prison system. She is the mother of four children and has two grandchildren.

She is an avid fisherperson and goes fishing whenever she can work it into her busy schedule. The Alcohol/Drug Helpline is proud to have been a part of this dedicated woman's life.

Ann Forbes, Director-Alcohol/Drug Helpline

Real Change - Continued

Continued from Page 10

Senator Paul Wellstone, (D. MN) will introduce a bill that includes most of what we want in a welfare reform proposals. It will be the most progressive of all the bills introduced in the Senate. There are other bills in the Senate that improves education and training and increases funding for childcare.

What to do

If we recognize that we will not get a good bill out of the House, we need to ensure that no Democrat votes for a bad bill. If the Roukema provisions could be amended to the Herger bill, that would be a victory. On the Senate side, we would love to see Sen. Murray sign onto the Wellstone bill.

FOR MORE INFORMATION CONTACT: Julilly Kohler-Hausmann, 206/694-6796 or julillyk@fremontpublic.org

This article was originally prepared for the Seattle Street Newspaper by Jean Coleman of the Welfare Rights Organizing Coalition.

You can contact her directly at:

Welfare Rights Organizing Coalition
1820 E. Pine
Seattle, WA 98122
206/324-3063 1-877/330-3063
www.wroc.org

Please Note: Limiting chemical dependency (and other training opportunities) to 3 months in any 24-month period is insufficient for most TANF participants to finish inpatient/intensive outpatient treatment, much less to return if they should relapse, as many do. Further, it forces them to choose between alcohol/other drug treatment—an insurmountable barrier for some 20%—and training that can lift them into living-wage jobs. According to DASA, the limitations are inflexible and do not fit the current state treatment plans for TANF parents.

Committee Members

Co-Chairs

Marilyn Bordner ❖ *New Horizon
Care Centers*

Sharon Chambers ❖ *Residence XII*

Treasurer

Beth Dannhardt ❖ *Triumph
Treatment Services*

Secretary

Barbara Myers ❖ *Sundown M.
Ranch*

Linda Felton ❖ *Spectrum Counsel-
ing & Assessment*

Shereen Hunt ❖ *Merit Resource
Services*

D. Ann Forbes ❖ *Alcohol/Drug
Help Line*

Jane Kennedy ❖ *TASC of King
County*

Of Counsel

Nalani Askov

DASA Liaison

Sue Green ❖ *DASA*

Conference Coordinator

Karen E. Christensen

Newsletter Publisher

Amy Gostovich ❖ (509) 961-4489

Steering Committee

Melissa Laws ❖ *Prosperity & Together
Care*

Leona Moran ❖ *The Learning Coa-
lition*

Margo Caldwell ❖ *Private Citizen*

Jackie Hyman ❖ *Pacific Crest
Consortium*

WHO WE ARE

The Coalition is a feminist, non-profit association of individuals and organizations concerned about women's chemical dependency issues. Members include local and state government agencies who work with disabled people, health care providers, domestic violence providers, chemical dependency treatment providers, therapists, researchers, attorneys, and others concerned with public policy issues affecting chemical dependency treatment for women.

WHAT WE DO

The purpose of the Coalition is to advocate for improved, expanded, more accessible and relevant chemical dependency treatment services for women. To achieve its mission, the Coalition:

- ☉ Educates legislators and other policy-makers about the needs of chemically dependent women.
- ☉ Monitors legislation and proposes policy changes to improve treatment services for women.
- ☉ Provides education and training through conferences.
- ☉ Provides networking opportunities for professionals working in the chemical dependency field and other fields affected by the issues of substance abuse.



WSCWSAI

**Washington State Coalition on
Women's Substance Abuse Issues**
P.O. Box 907
Yakima, WA 98907

Place Postage Here