



WSCWSAI

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The Washington State Coalition on Women's Substance Abuse Issues is proud to be sponsored in part by the Washington State Department of Alcohol and Substance Abuse (D.A.S.A.).

Sleeping Lady Conference A Hit!

The Coalition's Ninth Annual Conference, held at Sleeping Lady Resort in Leavenworth last October, was one of our most successful yet. We had a sell out crowd of 140 people for two days with great speakers and workshops, a gorgeous setting, terrific gourmet meals, entertainment and an informal setting which allowed ample time for hiking, visiting, swimming, and hot tub networking! We also had an interactive business meeting which generated many great ideas for the future priorities and goals for the Women's Coalition during the next few years. The conference got rave reviews from participants and many expressed a desire to return to Sleeping Lady, both due to its central location in the state and the atmosphere and quality of the site. The Coalition Executive Committee liked this plan. So, mark it down in those new date books:



Sleeping Lady Conference

Women's Coalition Tenth Annual Conference
Sleeping Lady Resort in Leavenworth, WA
October 6th and 7th, 2000

We have reserved more rooms due to the response last year so we will have adequate space available. We promise you quality speakers, the same great lodging and food and even more opportunity to network with others who continue to advocate for the needs of chemically dependent women and their families. See you there!

Sharon Chambers

Coming Soon

Annual Conference with DCFS and DASA

(CPS/Child Welfare Workers and Chemical Dependency Providers)

May 16th & 17th (8 am to 5 pm) at the Best Western Executive in Fife
 Contact Dixie Grunenfelder for registration or information
 1-360-438-8219 or E-mail-GRUNEDD@DSHS.WA.GOV

Save the Date

Parent-Child Assistance Program

P-CAP in Seattle, Tacoma, Spokane, and Yakima

The Problem

Maternal alcohol and drug abuse puts children at risk because of prenatal exposure impacting the health of the unborn child and, additionally, the likelihood of a compromised home environment. P-CAP was developed as an intervention model to assist pregnant moms in overcoming these high-risk issues.

In the P-CAP program the home visitors are paraprofessional advocates who have historical and cultural background in common with the client, excellent problem-solving skills, and a strong belief in the promise of a difficult clientele. The advocates build a relationship with the high-risk substance-abusing mothers and their children. This relationship lasts for a period of three years, or until the high-risk mother is able to maintain a healthy lifestyle on her own using the community resources she has been shown.

The Goal of P-CAP

P-CAP is an award-winning program that began as a federal research demonstration project in 1991 and is now funded by the Washington State Legislature in Seattle, Tacoma, Spokane, and most recently, in Spokane and Yakima. The goals of P-CAP are three-fold:

- To help mothers build and maintain healthy independent family lives.
- To insure that children are in safe and stable homes.
- To prevent future birth of alcohol and drug affected children.

The P-CAP Approach

Advocates provide extensive practical assistance and the long-term emotional support so critical to women who are making fundamental changes in their lives.

Trained and supervised paraprofessional advocates work with a case load of 15 clients for three years after enrollment.

Advocates assist clients in:

- Staying in recovery.
- Obtaining alcohol/drug treatment.
- Identifying personal goals.
- Choosing a family planning method.
- Child health care/immunizations.
- Getting to appointments.
- Connecting with community services.
- Resolving system service barriers.
- Solving housing, domestic violence, child custody problems.

- Advocates follow the mother and child for 3 years regardless of who has custody.
- Mothers are not asked to leave the program if they relapse or experience setbacks.
- Referrals from Child Protective Services may include a contract condition that the client participate in P-CAP.

With funding of the programs in Yakima and Spokane an additional at-risk component was added to the original eligibility criteria. The original criteria cited women who have abused alcohol or drugs during pregnancy and are still pregnant or up to one month postpartum and are ineffectively connected with community services. An eligibility criteria was added for women who have had a child with Fetal Alcohol Syndrome

(FAS) or Fetal Alcohol Effects (FAE), or women who themselves have been diagnosed with FAS or FAE by a physician and are still in their childbearing years. The goal is to connect these women to community services.



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AWARDS COMMITTEE REPORT FOR 1999 CONFERENCE

The Awards Committee of the Women's Coalition which was comprised of Carol Hoeft, Eastside Recovery, Margaret Jones of Residence XII, Sharon Toquinto of King County Public Health and Ann Forbes of the Alcohol and Drug Help Line. The committee was pleased to honor two outstanding women in our field who for many years have and still are, contributing to women's issues. The first I would like to feature is Jacque Wallace who has worked in various capacities in her 17 years of being a substance abuse counselor. She joined Residence XII in its infancy back in 1982 and later moved to start and manage the Residence XII in the Vancouver area. When Residence XII decided to close the facility, Jacque moved to Portland to administer the Oregon State Help Line and In 1995 she returned to our state and to island County to retire-but guess what!!! Jacque is now employed by Saint Joseph's providing outreach to seniors in that county. Jacque has been a strong advocate for women's programs in all phases of our field.



Jacque Wallace (award recipient)

Community College in the areas of Survey of Chemical Dependency, Basic and Advanced Counseling, Ethics, and the Law as well as working with the Northwest Consortium of Chemical Dependency Educators.

The second honored award winner was Gerry Coughlin who has been active in the addiction field since 1914 in many roles and committees. Gerry has taught at Shoreline, Seattle Central and Bellevue

Gerry has worked in all phases of treatment in our state and also worked in California and Alaska. She attempted to retire in 1993, but we couldn't let her talents go for naught. The Alcohol Drug Help Line hired her part time to mentor and work with the new volunteers so she could continue contribute her valued expertise to serve on committees that are pertinent to our continued growth such as the Chemical Dependency Professionals of Washington State, the CT) Counselor Certification Board and DASA Training Advisory Committee.



Gerry Coughlin (award recipient)

Both Jacque and Gerry have contributed to many facets of our success by testifying before legislators, being active in their communities, and continued efforts to promote sobriety and quality of life.

*D. Ann Forbes
Alcohol/Drug Help Line*

MEMBERSHIP APPLICATION

Join Us!

Membership in the Coalition will add your voice to those of many others in this state who are advocating on behalf of women whose lives are affected by chemical dependency.

Coalition membership can open new networking and educational opportunities with others concerned about chemical dependency treatment for women.

The Coalition sponsors an annual conference and regional meetings to share local state and national information.

Our monthly Steering Committee meetings are open to all members and are held on the first Friday of the month. They are held at TASC, 811 First Ave. #600 Seattle.

Please fill out and return the membership form along with your membership fee... *Please join us today!*

Individual Name _____

or

Agency Name _____

Agency Representative _____

Address _____

Phone _____

I/we support the philosophy and mission of the Coalition and wish to become regular members.

Type of Membership:

Agency (\$50⁰⁰/yr.)

Save \$10⁰⁰ each on three registrations to the 1999 conference with a paid 1999 agency membership

Individual (\$20⁰⁰/yr.)

Save \$10⁰⁰ on one registration to the 1999 conference with a paid 1999 individual membership

Please make checks payable to: Washington State Coalition on Women's Substance Abuse Issues (WSCWSAI) P.O. Box 1775, Seattle, WA 98111.

*Be a Part of a Positive Statewide Support System
Strength Comes in Numbers!*

She's Got All Kinds of Trouble

INTEGRATED TRAINING CURRICULUM

For social service workers who are helping women with multiple problems involving substance abuse and chemical dependency, domestic violence, adult sexual assault, and child sexual assault.

The WSCWSAI analyzed the need for integrated trainings in Washington State for service providers who are working with women with multiple problems of substance abuse, chemical dependency, domestic violence, adult sexual assault, and child sexual assault. These trainings would facilitate communication between these systems to better serve women.

The complete training guide is now available for purchase. To order your copy of the "She's Got All Kinds of Troubles" Trainers Handbook-complete this order form and send it with your check or money order to the:

Washington State Coalition on Women's Substance Abuse Issues
P.O. Box 1775
Seattle, WA 98111

Name

Organization

Address

City

State Zip

() ()

Daytime Phone

Fax Number

<i>She's Got All Kinds of Troubles Trainers Handbook</i>	Individual Price	Quantity	Total
	\$15.00		
Shipping and Handling			\$3.50
Total Payment Due			

Parent-Child Assistance Program

Continued from Page 2

P-CAP Client Outcomes

After 3 years work with a P-CAP advocate:

- 85% of clients had been involved in alcohol/drug treatment programs.
- 67% had at least one period of abstinence from drugs/alcohol of 6 months or more.
- 73% were using family planning methods on a regular basis.
- 69% of children were living with their own families.
- 94% of children were receiving well-child care and were fully immunized.

Yakima

Currently in the Yakima area there are in place six advocates who work in assisting clients to obtain drug and alcohol treatment, connect with community services, resolve system service barriers, solve housing, domestic violence, and child custody problems. Advocates are supervised by Maura Brown, a full-time clinician with extensive experience in chemical dependency, child protective services, and providing outreach. The contract from the Division of Alcohol and Substance Abuse for this program goes through the county to Triumph Treatment Services, who administers the program and its staff.

The advocates also participate in ongoing education programs at Yakama Indian Health and, as advocates new to the program, they have participated in many education/training opportunities to further enhance their skills and their own knowledge of community systems and service areas.

In Yakima County the program has the ability to perform drug and alcohol assessments on pregnant and parenting women and, thereby, assist in accessing immediate treatment. This builds upon the highly successful First Steps Plus program which was a demonstration grant from HCFA (Health Care Financing Administration) in Yakima County.

We are discovering in Yakima women who have a P-CAP advocate are staying connected with that advocate through problems, system failures, and other setbacks. The relationship facilitates an important ability for the women to communicate on a

OUR MISSION

The mission of the Washington State Coalition on Women's Substance Abuse Issues is to advocate for women whose lives are affected by chemical dependency.

OUR PHILOSOPHY

Addiction is a primary, progressive, and, if left untreated, fatal disease. The origins of addiction in women and their treatment needs are unique. These needs arise in large part from women's cultural and class experiences, and from their diversity of age, ethnicity, and sexual orientation.

Research, prevention, treatment, funding, and state policies must begin to honor and reflect the effects of these unique experiences.

personal level and access that connection with their advocate.

Spokane

The Spokane P-CAP program is administered by Lindy Haunschild through the Spokane County Health District. P-CAP advocates are out-stationed in various agencies throughout the county (including the Spokane Nation) and in Moses Lake. The program recently moved into its new headquarters and is experiencing similar successes as found in Yakima.

Evaluation/Training

All programs are supported through training and evaluation components by:

Fetal Alcohol and Drug Unit
University of Washington
180 Nickerson Street, Suite 309
Seattle, WA 98109
phone: 206-543-7155
fax: 206-685-2903

Principal Investigator:	Ann Streissguth
Program Director:	Therese Grant
Program Evaluator:	Cara Ernst
Research Manager:	Pam Phipps

Committee Members

Co-Chairs

Marilyn Bordner ❖ *New Horizon Care Centers*

Sharon Toquinto ❖ *Public Health-Seattle and King County*

Treasurer

Margaret Jones ❖ *Residence XII*

Secretary

Linda Olsen ❖ *Eastside Domestic Violence Program*

Steering Committee

Beth Dannhardt ❖ *Triumph Treatment Services*

D. Ann Forbes ❖ *Alcohol/Drug Help Line*

Jane Kennedy ❖ *TASC of King County*

Sue Winskill ❖ *TPCHD's MOMS/DV*

Barbara Myers ❖ *Sundown M. Ranch*

Carol Hoeft ❖ *Eastside Recovery Center*

Patti Bland ❖ *Providence Health System Family Violence Program*

Joe Lucey ❖ *Swedish Medical Center/Ballard*

Of Counsel
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Lorri Cox ❖ *DASA*

Conference Coordinator
Sharon Chambers

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Amy Kochheiser ❖ (509) 961-4489

WHO WE ARE

The Coalition is a feminist, non-profit association of individuals and organizations concerned about women's chemical dependency issues. Members include local and state government agencies who work with disabled people, health care providers, domestic violence providers, chemical dependency treatment providers, therapists, researchers, attorneys, and others concerned with public policy issues affecting chemical dependency treatment for women.

WHAT WE DO

The purpose of the Coalition is to advocate for improved, expanded, more accessible and relevant chemical dependency treatment services for women. To achieve its mission, the Coalition:

- ☉ Educates legislators and other policy-makers about the needs of chemically dependent women.
- ☉ Monitors legislation and proposes policy changes to improve treatment services for women.
- ☉ Provides education and training through conferences.
- ☉ Provides networking opportunities for professionals working in the chemical dependency field and other fields affected by the issues of substance abuse.



WSCWSAI

**Washington State Coalition on
Women's Substance Abuse Issues**
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Seattle, WA 98111

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